



**Suicide Six Ski Program
Request for PE Credit**

Please complete the following form to request Physical Education credit for skiing and submit to Florence Tolbert by **April 15** of the school year for which the credit is to be applied. (Reminder: You can receive a maximum of 1 credit per year for sports.)

By signing this form, you are affirming the following statements: “I used the Suicide Six Ski Program as a physical fitness program. I was physically active skiing or boarding for at least 2.5 hours each session. The following is an accurate representation of my involvement in the ski/board program during the _____(year) season.”

Student name: _____ Today’s date: _____

Student Signature: _____

Signature of the Ski/Board Program Coordinator: _____

Week:	Date:	Which Runs? (ex: Easy Mile):
Jan-Week 1		
Jan-Week 2		
Jan-Week 3		
Jan-Week 4		
Feb-Week 1		
Feb-Week 2		
Feb-Week 3		
Other		

If you were absent for one or more of the ski dates, how did you make up those absences? (Describe physical activity, date and amount of time spent. Use additional pages, if needed.)

What are your goals for yourself when you ski/board? _____

How did your skiing, boarding and/or your fitness improve?

