



## **Chain Reaction Day: January 22, 2019 Workshop Sheet**

### **Unity Through Nature**

During this 75 minute workshop, we will first share what we know about the people indigenous to the northeastern United States, discuss stereotypes about "American Indians" and learn a bit more about the Mohawk people. I will then share the Thanksgiving Address, sending greetings and thanks to the natural world. Lastly, we can each create a small visual panel representing an aspect of nature that we especially love, using ink and watercolor. If the weather permits, we can go outside to hear the Thanksgiving Address.

*Facilitator: Kate Reimanis*

### **Altered Books**

This hands-on workshop encourages altering discarded books to show how each student plans to make a difference in his/her world. Workshop participants will use books, paper, scissors, fabric, magazines and other art supplies to make a symbol of being a beacon of hope. Though there is not enough time to complete an entire book, several pages with the theme: "How I Plan to Make a Difference in the World," will be displayed at TSA after Chain Reaction Day. Students can keep books and add to them over time.

*Facilitator: Amy Braun*

### **Measuring What's Most Important: Creating a Rubric for Belonging**

People are attracted to values-driven organizations. But where is the accountability? Can you actually measure a quality like "Belonging?" Yes. You will learn three qualities that successfully create belonging. As a group we will define specific and measurable indicators to determine if your goal has been just met... or knocked out of the park! This collaborative and energizing workshop can be easily duplicated so you can dream big and also have a roadmap for getting there.

*Facilitator: Tulio Browning*

### **Free Speech and Hate Speech: Two Sides of the Same Coin**

In this 75 minute workshop, we will explore some of the definitions and origins of the terms Free Speech and Hate Speech. We will look at where the line between the two blurs and how we can balance a need for safe communication with a desire for free expression in our democracy. We will spend some of this workshop attempting to craft language that might guide an institution in banning hate speech but protecting free speech at the same time. This workshop will be a mixture of presentations and discussion and will be facilitated by Paul Perkins, TSA Trustee and local attorney and Andrew Lane, former social studies teacher at the middle school and now director at the middle school. Please come with a willingness to voice your ideas and to listen to those ideas of others.

*Facilitators: Paul Perkins & Andrew Lane*

*Cont...*

### **\_\_\_\_\_ A Single Woman**

Nina Simone (1933 - 2003) was “one of the most extraordinary artists of the twentieth century, an icon of American music... the consummate musical storyteller who used her remarkable talent to create a legacy of liberation, empowerment, passion, and love... “ By listening to some of her music, reading parts of her autobiography and watching bits of the documentary “What Happened, Miss Simone,” we will explore the life and work of “The High Priestess of Soul.”

*Facilitator: Mary Newman*

### **\_\_\_\_\_ A Common Thread**

This hands-on workshop promotes art as a vehicle for social change as well as creates an avenue for connections with new friends. Workshop participants using colorful thread will either create symbols of peace and inclusion through embroidery on to small pieces of fabric or create “friendship bracelets” to hand deliver to peers on Chain Reaction Day. Individual projects can be transformed into a larger scale “patch work” public art collaboration to share a message of solidarity.

*Facilitators, Marguerite Souigny and Laura DeCapua*

### **\_\_\_\_\_ The Brain Science of Us vs. Them**

In this workshop, you will learn what causes our brains to categorize everything, including people! We will examine the neuroscience behind this and learn about how it can lead to an "us versus them" mentality. We will discuss how this affects society and culture, and also what we can do to control who is "us" and who is "them" in our lives. This workshop will be a mix of presentations, interactive activities, and thought-provoking discussion and reflection.

*Facilitators: Glenn Wylie and Rachel Milito*