| ***Stage*** | ***How much work?*** | ***Adjustments*** | ***Expected duration*** | ***When to move to next stage*** | ***Decision-making data*** |
| --- | --- | --- | --- | --- | --- |
| **BLACK** | Stay at home and rest | Nope. Just stay home. | 48 hours | Student is able to independently wake up, get ready, and come to school without worsening symptoms | [Symptom Checklist](https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf) |
| **RED: at school w/no work** | No work whatsoever. Student sits in class and listens. | No in-class work. Participation and engagement are encouraged | 1-5 school days  Maximum 5 days | Student can sit in class for one day without worsening symptoms. | [Symptom Checklist](https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf)  Parent Report |
| **ORANGE: at school with ½ work** | 50% of classwork and homework. No tests or large assignments | All post-concussive academic adjustments deemed appropriate by teacher and SST | 2-5 school days | Student can complete ½ of their work for 2 full days without worsening symptoms. | [Symptom Checklist](https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf)  Parent Report |
| **YELLOW: at school with full work** | 100% of classwork and homework, tests and large assignments are postponed or taken in a modified format | NO adjustments for in-class work and homework Postpone tests if possible. If not, use modifications. | 2-5 school days | Student can complete all work for 2 full days without worsening symptoms.Student, teachers and SST must make a plan to complete make up work before student can move to the next step. | [Symptom Checklist](https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf)  Parent Report |
| **GREEN! Return to learn!** | 100% of classwork and homework No more adjustments or modifications. Make up missed work |  |  |  |  |

Symptom checklist:

[CDC](https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf)

[Family Practice Notebook](https://fpnotebook.com/ER/Exam/CncsnSymptmChcklst.htm)